

## Sudden Impact Beach Volleyball ~ Fall (Nov) SKILLS CLINICS 2024 ~

**Location:** Sudden Impact Beach 13425 SE 30<sup>th</sup> Street, Suite 2-B, Bellevue 98005

Each session includes a total of 2 hours of instruction - space limited to Maximum of 20 Players Per Session – REGISTER EARLY! Players will be divided on 2 courts by skill level.

Please contact [steve@sivbc.org](mailto:steve@sivbc.org) if you have any questions.

|   |             |   |                          |
|---|-------------|---|--------------------------|
| <b>Clinic 7- Thursday (Nov 7<sup>th</sup>)</b>  |             | <b>Girls and Boys - Beginner/ Level</b>             | <b>Cost: \$60/Clinic</b> |
| 7-A   | 4:30-6:30pm | Serve/Serve Receive and Setting Clinic              |                          |
| 7-B   | 6:45-8:45pm | Setting/Hitting Clinic                              |                          |
| <b>Clinic 8- Thursday (Nov 14<sup>th</sup>)</b> |             | <b>Girls and Boys - Intermediate/Advanced Level</b> | <b>Cost: \$60/Clinic</b> |
| 8-A   | 4:30-6:30pm | Serve/Server Receive and Setting Clinic             |                          |
| 8-B   | 6:45-8:45pm | Setting, Hitting and Defense Clinic                 |                          |
| <b>Clinic 9- Thursday (Nov 21<sup>st</sup>)</b> |             | <b>Adults - Beginner/Intermediate Level</b>         | <b>Cost: \$40/Clinic</b> |
| 9-A   | 5:30-7:30pm | Serve/Server Receive and Setting Clinic             |                          |
| 9-B   | 7:45-9:45pm | Setting, Hitting and Defense Clinic                 |                          |

### Clinic Descriptions:

**Setting Clinic** – Learn principles & keys to beach setting & gain an understanding of a setter’s footwork patterns, handwork, & the different set tempos and placements.

**Defense Clinic** - Learn principles & keys to defense. Learn how to move & respond to different situations.

**Serve/Serve Receive Clinic** - Learn principles & keys to passing & serving while developing angles & perform multiple types of serves.

**Hitting Clinic** - Gain an understanding of approach footwork & movement patterns while developing arm swing & shot selection.

**Beginner** – First timers on the beach – Learn general skills in a 1 session clinic.

**Intermediate** – 2 years of beach tournament or two years of indoor experience. Get better at general skills as well as learn some game strategies in a 1 session clinic.

**Advanced**- 3 years of beach tournament experience or three years of indoor club experience. Get better at the general skills, learn game strategy as well as learn to see the game at a higher level in a 1 session clinic.

**[Register on-line at www.sivbc.org](http://www.sivbc.org)**

**Refund Policy:** A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to [info@sivbc.org](mailto:info@sivbc.org) that are received at least 21 calendar days prior to the first day of the camp/clinic.